

Experience the profound expressions of health!
***Biodynamic* Craniosacral Therapy**
One day Introduction to a
2 Yr Professional Training

A 2 year Practitioner Training in *Biodynamic* Craniosacral Therapy will be starting in the Twin Cities, Minnesota in Nov. 2009. The course is being offered by Body Intelligence www.bodyintelligence.com

A 1 day Intro is being offered to find out more about this powerful work, the 2 Yr practitioner training and to meet Ged Sumner of Body Intelligence.

Details:

Date: Tues 7th July 2009

Time: 10am - 5pm

Venue: The Lowell Inn, Stillwater Minnesota www.lowellinn.com

Fee: \$80, registration is essential

What is *Biodynamic* Craniosacral Therapy?

Biodynamic Craniosacral Therapy offers a powerful way to connect with the body's natural wisdom. The **body's own priorities** for change are listened for and encouraged to arise creating tangible adjustments that are both physiological, energetic and psycho-emotional. The art of the therapist is to **connect with the underlying forces of health** and facilitate a process of natural reorganization. These forces express as subtle motion within the tissues and fluids that can be felt by sensitive hands. *Biodynamic* Craniosacral Therapy takes a whole-person approach to healing and the inter-connectedness of mind, body and spirit are deeply acknowledged.

The **deep listening** that is offered in the therapy allows a connection to the constitutional forces of the body leading to a deep reordering of our whole system that can result not only in a change of condition but also deeper changes to our constitutional health. Often, after a series of treatments you can experience more energy and robustness in the body along with new ways of relating to yourself and others, and a clarity about the direction of your life. Many people report a calmness and peace as a result of treatment.

This one day Intro will begin an exploration of establishing a relational contact with a patient/client and feeling the *Biodynamic* forces in their body. We will spend the day discussing the *Biodynamic* approach and helping each participant get an experience of *Biodynamic* Craniosacral Therapy through working in pairs at treatment tables and experiential exercises. Tutors will assist at the tables to help the practitioner orient to the optimal contact to observe typical motions that take place in this treatment.

The topics we will be covering include:

- α History of CST and the *Biodynamic* Model, α Exploring relational touch,
- α Establishing a relational field, α Fluids, tissues and potency, α The Breath of Life,
- α The Inherent Treatment plan, α Stillness

Please join us for this extraordinary opportunity to experience the profound expressions of health!

Biodynamic Craniosacral Therapy
One Day Introductory Seminar
Registration Form

Full Name: _____

Address: _____

Email contact: _____

Phone contacts: _____

Course Fee: \$80, deposit of \$40 required, balance due, on or before 7th July this does not include food or accomodations.

Cancellation: full refund prior to 7th June, 50% refund if before 1st July, deposit forfeited if after 1st July

This one day course will be held at the Lowell Inn, in Stillwater Minnesota. Please visit their web site for directions. www.lowellinn.com

If you need accomodation, we have arranged a corporate rate with the Lowell Inn starting from \$75

The Lowell Inn has restaurant facilities for lunch, or it is a short walk to the main street of Stillwater with a wide variety of restaurants to choose from.

Parking is tight in downtown Stillwater, you must arrange with Lowell Inn for the available lots and to get a parking voucher. Car-pooling is encouraged.

Payment Options:

Checks:Please make checks payable to: **Nancy Anne Schrauth**, send it together with your completed registration form to:
Nancy Anne Schrauth
240 Hazel Ave
Mahtomedi, Mn 55115

Thank you for your interest and participation, we look forward to sharing this exciting work with you!

Sincerely, for Body Intelligence,

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