



Lightstreams Holistic Health Care PLLC

Dr. Nancy Anne Schrauth DC, RCST®

651.964.9048, dr.nancy.schrauth@gmail.com

At our office, your health and safety are our top priorities. BCST and Chiropractic care are available in-office for patients meeting the COVID-19 safety guidelines. DO NOT COME INTO THE OFFICE IF YOU, A FAMILY MEMBER OR OTHER PERSON YOU ARE IN CLOSE CONTACT WITH HAS BEEN DIAGNOSISED OR IS WAITING ON A TEST RESULT.

Office protocol for COVID-19

We are committed to remaining open and available to all the patients who might need us. Some of the key operational changes we have made so far to limit the likelihood of COVID transmission include:

- Careful screening of new patient to insure they are in compliance with the COVID-19 protocol.
- Allowing additional time to see patients so we have time to properly disinfect.
- Asking everyone entering the office to wear a face mask and wash their hands or use hand sanitizer before treatments, (available in the clinic.)
- Visitor restrictions to one parent/guardian per patient.
- Tables and components are disinfected between EVERY patient.
- Any additional therapy equipment and supplies are either disinfected or disposed of properly between every patient.
- The clinic will be cleaned and sanitized before and at the end of day in preparation for visitors.

Please avoid and reschedule appointment if you have:

- personally been in contact with any family, friend or co-worker with a fever, cold or flu symptoms (including fatigue, cough, aches/pains non-musculoskeletal in nature, vomiting and/or diarrhea) within the last two weeks.
- traveled or been non-compliant with the Social Distancing and Stay-At Home orders in place.
- been near any family member, friend or co-worker who has or had been suspected of having COVID19.

When you come in for care, you will be asked to wash or sanitize your hands, your temperature will be taken and you will be asked some general screening questions.

Dates/initials: